

**FOR
FAMILIES**



**PA Parent and
Family Alliance**

www.paparentandfamilyalliance.org

How Can the Parent Alliance Help You?

Family Support Partners (FSPs) can deliver peer to peer support to the families who are caring for children and young adults (up to age 26) with identified or suspected social, emotional, behavioral, or mental health challenges. This is inclusive of learning and attention issues, as well as substance use disorders.

Our Family Support Partners are just that: Partners. They are highly trained parents who have raised or are raising a child with challenges that may mirror the ones your family may also be encountering. Family Support Partners will walk with you on your journey until you feel ready to walk on your own.

Services are:
**FREE &
CONFIDENTIAL**

To Speak with a FSP:

Call:

888-273-2361

or

570-664-8615

or

Point your phone's camera at the QR Code below and it will take you to more information



What can an FSP help with?

Connect

Families are not alone. We can help connect you with other families in your area or across the state.

Support

Our Family Support Partners (FSPs) follow your family's lead and embrace the challenges you choose to address by offering a partnership of support. You're in charge. FSPs can also be a great ally if your child is on a waiting list to get you support as soon as possible.

Navigate

We can provide guidance to help your family find the services in your area that your child/family needs.

Educate

Through educational resources, we help your family successfully problem-solve and build skills in managing the systems put in place for your child.

Training

We provide training for families, providers, and communities from a family point of view. We utilize trainers with experience and an understanding of the challenges families are facing. We also offer personalized training for providers. To learn more about this email us at: contact@paparentandfamilyalliance.org.

Advocate

When your family is ready, we'll be here to help you build or enhance your advocacy skills. These skills will support your child and others like them in their community and across the state.